



Depression and Bipolar
Support Alliance

**Adolescent and Parent/Caregiver
Depression and Bipolar Disorder Support Group
Katy Location**

A free and confidential DBSA Greater Houston support group for adolescents who have symptoms of depression and/or bipolar disorder is in Katy! At the same time the adolescents meet, another support group is held for parents and/or caregivers of adolescents with these diagnoses.

WHO: **Adolescents (ages 13-17) and
Parents/caregivers of adolescents**

WHAT: **Adolescents and caregivers meet separately in a
supportive environment to explore coping
strategies for depression and bipolar
diagnoses; a licensed clinician facilitates the
adolescent group. Informative literature
regarding the disorders is also available on site.**

WHERE: **St. Peter's United Methodist Church
20775 Kingsland Blvd., 77450
Adolescents (13-17): Room S-203
Parents: Room S-204**

WHEN: **Mondays, 7:00 p.m.**

CONTACT: **(713)600-1131 for more information**